

## Elementary School Balanced Day (Sample)

<b>Kindergarten</b>	<b>Primary (Gr.1-3)</b>	<b>Junior (Gr.4-6)</b>	<b>Intermediate (Gr.7 &amp; 8)</b>
Entry	Entry	Entry	Entry
9:00am	9:00am	9:00am	9:00am
	Period 1	Period 1	Period 1
	9:00-9:50	9:00-9:50	9:00-9:50
	Period 2	Period 2	Period 2
	9:50-10:40	9:50-10:40	9:50-10:40
	Nutrition 10:40-11:00 Recess 11:00-11:20	Recess 10:40-11:00 Nutrition 11:00-11:20	Nutrition 10:40-11:00 Recess 11:00-11:20
Dismissal			
11:30			
	Period 3 11:20-12:10	Period 3 11:20-12:10	Period 3 11:20-12:10
	Period 4 12:10-1:00	Period 4 12:10-1:00	Period 4 12:10-1:00
Entry	Nutrition 1:00-1:20 Recess 1:20-1:50	Nutrition 1:00-1:20 Recess 1:20-1:50	Recess 1:00-1:20 Nutrition/Lockers 1:20-1:50
1:00pm			
	Period 5 1:50-2:40	Period 5 1:50-2:40	Period 5 1:50-2:40
	Period 6 2:40-3:30	Period 6 2:40-3:30	Period 6 2:40-3:30
Dismissal	Dismissal	Dismissal	Dismissal